Size Guide for Small Item gripping aid (AH9)



A = circumference of narrowest part of wrist

A: Wrist

Small 135mm-160mm

Standard/Large: 160mm-210mm

(n.b. measurements are approximate)

The small item aid does not need to fit as tightly as our other gripping aids. If you are borderline on the wrist size then consider your hand size across the knuckles: if it is greater than 18cm you may want to consider the Standard/Large size.